

The image features a wooden surface with a glass of gold stars and a torn piece of paper with a Bible verse. The text "Dare to Dream" is written in a large, white, cursive font at the top. The Bible verse on the paper reads: "In the last days, God says, I will pour out my Spirit on all people. Your sons and daughters will prophesy, your young men will see visions, your old men will dream dreams." The date "January, 2022" is written in the bottom right corner of the image.

# Dare to Dream

January, 2022

Maranatha Sisters & Brothers!

Remember when you were a child, and you used to dream about what you were going to be when you grew up? Or the feeling you could tackle anything because you believed you were invincible? The laws of physics or logic didn't apply to the vision you had for something. You weren't going to let anything keep you from stepping out and seeing if that vision or dream would become a reality.

Fast forward all these years later. Ask yourself. When was the last time you had a dream that you stepped out to follow? When was the last time you allowed yourself to have a vision of the future that seemed impossible but you believed it to be so? For most of us, if we are honest, we would say that it has been a really long time. I mean come on, we are adulting now! We don't have time to have our head in the clouds and be a dreamer. There is reality and logic. and we have to remain in that realm because of all the responsibilities we have. A responsible person just takes what's given to them and goes with the flow for the sake of all that surrounds their life.

For so many of us, in the last two years, we find ourselves treading water—trying to keep our head above the waves. We can't even consider dreaming again because we're just desperately trying to hold onto and not lose what we have. Most of our energy is spent just working for the weekend and getting past painful places so we hopefully get back to some kind of normal. Is it even possible in this season of our world and life to even dream again? We are going to answer that question in January, 2022.

Be encouraged! When it comes to God, it is never too late to dream. With God, there is never a moment in our life that should limit us from seeing visions of God's future work. The Spirit of the Lord is always being poured out to God's people with a fresh wind and fresh fire. Don't take my word for it. Take God's Word for it!

*"I will pour out my Spirit on all people. Your sons and daughters will prophesy, your old men will dream dreams, your young men will see visions. <sup>29</sup>Even on my servants, both men and women, I will pour out my Spirit in those days. <sup>30</sup>I will show wonders in the heavens and on the earth..."*

-Joel 2:28-30

It doesn't matter how old you are, what station of life you're in, or what challenge you are facing, according to God He is always uploading dreams, sharing visions, and pouring out His Spirit into His creation. So, in 2022 when we have found ourselves in survival mode just trying to get through and not lose ground, is it possible for us to dream again? Starting January 9<sup>th</sup> we are going to embark on a four-week sermon series journey as we Dare to Dream anew in 2022.

God is alive and active, and He is sharing his future plans with you and me. He is up to something big, and He wants you in on it! Let's learn how to dream God's Dream, how to envision what it is God wants us to do, and join him there. Let us believe that God is pouring out His Spirit in us in this time. He wants to show you something!

Perhaps it's time for us to do a little less adulting and to take on the innocent, invincible qualities of a child and believe that anything with God is possible if we put our trust in Him. God wants to use you, He wants to work His plan through you, and He has so much more that He wants to give us than we have been ready for. It's time to get ready—to prepare the soil of our hearts like the farmer would his fields. The outpouring of the Holy Spirit is here friends. Let's fast, pray, and grab hold of it for our life, our family's lives, and for the body of Christ called Rolling Plains. Let's get out of maintenance mode and dare to dream again of what could be!

Come on, God!



Pastor John



## BIRTHDAYS

- 1 Alex Ford, Sheridan Wilson
- 2 Heather Matarazzo
- 3 Chad Seastrand
- 4 Chris Huff
- 7 Nicholas Lutger
- 8 Malerie VanDyne
- 9 Jim Geyer, Sharon Graves
- 10 Tom Smith, Delbert Smith
- 11 Melonie Maynard
- 12 Cathy Speer
- 13 Jesse Parrill, Shawn Fairall
- 14 Andrew Presley, Brittany Rice
- 16 Diane Burrier, Gene Hartman
- 17 Roxanne Miller, Darcy Searl, Charlie Young
- 19 Alice Hunt, Shelba Kane, Susan Reese, Jennifer Ziel
- 23 Marilee Abele, Judy Barnhart
- 24 Lindsey Cornett, Mary Lambert, Trudy Reed
- 26 Cindy Scott
- 27 Kang Kim, Mary Kathryn Parrill, Brandy Weaver
- 28 Regan Lent
- 29 Sue Demp, Gloria Lacey
- 30 Debbie Goins
- 31 Lara Bunting, Samantha Mozena, Don Rice, Cheryl Rinne, Elizabeth Rupe

## ANNIVERSARIES

- 7 Jeff & Joyce Krouskoupf
- 14 John & Dianne Murphy
- 18 Dan & Debbie Goins
- 23 Nick & Nicole Fink
- 27 Todd & Julie Thompson





Our next GriefShare session will begin on Wednesday, February 9th in the Embers Room. The classes last for 13 weeks and will end on April 7th. We do ask that you commit to the class for the first four weeks. The class is facilitated by Pastor Dick Newlon and allows us to explore our grief. The study includes an excellent video series led by nationally known presenters on different aspects of grief. The lessons are each separate. If you miss a week you can come to a later session. There is plenty of time for sharing and discussion. It is your choice to participate in the discussion or not. Please text "GriefShare" to 740-265-3855, e-mail [pastornewlon@rollingplainsumc.com](mailto:pastornewlon@rollingplainsumc.com), or call him at 740-607-9253 to sign up.

## ***FAMILY MINISTRIES***

**Please welcome the newest member of the Rolling Plains Family Ministry Staff, Chad Lawson.**



Chad has been hired to take on the role of Pre-Teen/Middle School Ministry Coordinator and will oversee our 4<sup>th</sup> and 5<sup>th</sup> graders as well as our Middle School programs. I am so excited to have Chad on this team. He has been a long-time valued member of our volunteer team and has stepped into his new role with ease. Chad has served at Rolling Plains in many different ministries and for the past 4 years has led our High School boys' small group and for 2 years (pre-pandemic) he taught our 11:00 Middle School classes. Post pandemic, he has done the sound for the 10:00 service, filled in to lead large group, and covered shifts in the nursery.

Most of you already know Chad, but for those of you who do not, here are a few details. Chad, his wife Jennifer, and their two teenagers Marlee and Tristan have been attending and serving at Rolling Plains for over 7 years. In addition to the services mentioned above, he has helped out in many different roles including Nursery, Fusion, KidStuf, and Operation Christmas Child. He has taught classes and served on our Lead Team. He currently works as Director of Operations for 6 McDonald's restaurants.

So, as you can see, Chad knows his way around Rolling Plains and our kids know him. I am excited to continue to do ministry with Chad and am thrilled to have him officially on the RP Family Ministry Team. Please take the time to say hello and ask him what he has planned for our kids. You will not be disappointed.

*Heather Matarazzo*

RP Family Ministry Director

**ALL TOGETHER IN ONE LOCATION!**

**SKILLET**

**COLTON DIXON**

**I AM THEY**

**SHANE PRUITT**

**TAUREN WELLS**

**NEWSONG**

**KB**

<https://2022.jamtour.com/cities/columbus-oh>

**WINTER JAM 22**



TEXT "WINTER JAM" TO 740-265-3855

IF YOU WOULD LIKE TO GO AS A YOUTH OR CHAPERONE  
WITH ROLLING PLAINS!



# DANIEL FAST

## 21 DAYS OF PRAYER & FASTING

**ROLLING PLAINS UMC  
THE DANIEL FAST  
JANUARY 10-31, 2022**

We are encouraging everyone to share in a season of praying and fasting to prepare our hearts for God's dreams, visions and outpouring of His Holy Spirit in us. As we *Dare to Dream*, use fasting as a tool to create space in your life for God's new thing. Fasting and praying helps us to more strongly seek Him, listen to Him and live according to His voice. Bring your fresh wind Lord!

The Daniel Fast is taken from the prophet Daniel's experiences as recorded in scripture. In Daniel 1:12 and 10:3 we gain insight into what he ate as part of his fast. Since the lists in scripture do not go into exact detail of what he ate, we will focus on what we know he didn't eat. In Daniel 1, he ate vegetables and drank water as opposed to the royal meal that was served. While seeking the Lord in prayer in Daniel 10:2-3, he did not eat bread, sweets, meat, and wine. At the end of his feast, Daniel's desire to seek God and find Him was fulfilled. Let's fast with the same desires.

Although we may not be able to replicate Daniel's diet exactly, we have solid guidelines to follow. On the following page you will find foods that are included in the fast and those you will avoid. We will follow the fast for 21 days just as Daniel did, but we want to encourage you to not focus too much on what you should and shouldn't eat. The most important part of the fast is your willingness to deny yourself physically to seek out God and grow closer to Him. Everyone's diet will vary slightly.

There is no shame if the Daniel Fast isn't for you. Prayerfully consider some type of modified fasting from something that requires a sacrifice on your part. Let us anticipate together what God might do in us and through us as we seek him deeply in this season of praying and fasting.

## The Daniel Fast Food List

**All fruit** - fresh, frozen, dried, juiced, or canned.

**All vegetables** - fresh, frozen, dried, juiced, or canned.

**All whole grains** - amaranth, barley, brown rice, oats, quinoa, millet, and whole wheat

**All nuts & seeds** - almonds, cashews, macadamia nuts, peanuts, pecans, pine nuts, walnuts, pumpkin seeds, sesame seeds, and sunflower seeds; unsweetened almond milk. Nut butters are also included.

All legumes - canned or dried; black beans, black eyed peas, cannellini beans, garbanzo beans (chickpeas), great northern beans, kidney beans, lentils, pinto beans, and split peas.

**All quality oils** - avocado, coconut, grapeseed, olive, peanut, sesame, and walnut

**Beverages** - distilled water, filtered water, and spring water.

**Other** - unsweetened almond milk, coconut milk, rice milk, or soy milk; herbs, spices, salt, pepper, unsweetened coconut flakes, seasonings, Bragg's Liquid Amino, soy products, and tofu.

### Foods to Avoid on the Daniel Fast

**All meat & animal products** - bacon, beef, buffalo, eggs, fish, lamb, poultry, and pork.

**All dairy products** - butter, cheese, cream, milk, and yogurt.

**All sweeteners** - agave nectar, artificial sweeteners, brown rice syrup, cane juice, honey, molasses, raw sugar, syrups, stevia, and sugar.

**All leavened bread & yeast** - baked goods and Ezekiel bread (if it contains yeast and honey).

**All refined & processed food products** - artificial flavorings, chemicals, food additives, preservatives, white flour, and white rice.

**All deep-fried foods** - corn chips, French fries, and potato chips

**All solid fats** - lard, margarine, and shortening

**Beverages** - alcohol, carbonated drinks, coffee, energy drinks, herbal tea (see my [FAQ page](#) for explanation).

*For more information and recipes to follow, check out this website:*

[www.ultimatedanielfast.com](http://www.ultimatedanielfast.com)

Please discuss any dietary changes with your doctor if you have special concerns prior to beginning the fast. **AND SEEK MEDICAL ASSISTANCE IMMEDIATELY** if you become lightheaded, dizzy, or pass out.



- Are you **CURIOUS** about God, the Bible, Christianity?  
- **NEW** to a relationship with Jesus?  
- **RETURNING** to church after being away for a while?  
**Why not start here? With Starting Point!!!**  
**Starting Point** is an 8-week series of conversations where you can explore faith and experience community.  
It's a Starting Point to ask questions about faith and learn more about the Bible and Christianity.  
Join us starting January 30<sup>th</sup>, at 6:00 PM in the Embers Room.  
If you are interested and would like to sign up please call:  
Church office: 740-453-4192  
Keely Kirkbride: 740-819-4033  
Gayle Kirkbride: 740-868-6483  
**It's a good place to start the new year! Come join us!**

*Thank you to everyone who helped the Salvation Army by volunteering to ring a bell at Wal-Mart South.*

*Thanks to you, Rolling Plains was able to raise \$602.93 at the kettles in early December.*



# Loving God and Others: The Heart of True Faith



Kay Arthur, David & BJ Lawson

PRECEPT MINISTRIES INTERNATIONAL

40minute BIBLE STUDIES

## A WINTER BIBLE STUDY

“Loving God and Others: The Heart of True Faith”, begins Sunday Jan. 9<sup>th</sup> at 11:00 AM, in the Embers Room. It can be a real struggle to truly understand what God wants from us. Join Todd Sands & Janie Moore to discover that the Bible calls us to do two things. Love God & love people.

Just text “LOVING GOD” to 740-265-3855 for more information or to register for this class.

## UNITED METHODIST MEN

*The United Methodist Men have volunteered to serve lunch at Christ’s Table on Saturday, January 1st. All men are welcome to attend our monthly breakfasts or any of our community outreach events. If you would like to help, please meet at Christ’s Table at 10:00 AM. We Would love to have you!*

*The United Methodist Men will have their next breakfast gathering on Sunday, January 2nd at 7:00 AM in the Embers Room at Rolling Plains. All men are welcome! You need not be a member of Rolling Plains, or even a United Methodist.*

### Advent Conspiracy Totals

- \$ 4,384.00 A Door to Hope
- \$ 3,637.00 Compassion International
- \$ 5,277.00 Wings of Hope

\$ 13,298.00 Total received through December 19<sup>th</sup>, 2021



Greetings my brothers!

Just received information from Rick Tanner that the Brothers in Christ Men’s Breakfast is returning. Check it out! Please pass the word around. God is good!

This time is open to any men in our area, no matter what church you are affiliated with. You are invited if you don’t attend any church! We will meet on the 2nd Saturday of each month. In January we will gather on the 8th at Tee Jaye’s Restaurant on Maple Avenue at 9:00 AM in their banquet room downstairs.

Blessings,  
Pastor John



Thank you to all who helped the Maysville Helping Hands by purchasing gifts or volunteering your time. We are happy to lend our Worship Center to this wonderful event that was started by our own Sonnie Karr many, many years ago. Thank you for helping our community!



## *BURN THAT NOTE*

In 2005 Rolling Plains embarked on a \$1.6 million building project that is now our current sanctuary, Embers Room, Lobby, Kitchen, and several other multipurpose rooms. Thank you for your continued contribution toward our ability to someday “Burn that Note” on our capital debt.

We are getting closer each and every week, and your giving, above and beyond your normal tithe, is making a difference. We currently have \$379,490.31 left to pay in order to reach our goal. Please pray for God’s great provision for our church and about how God can use you to get this number to zero.

## *Inclement Weather Policy*

We would like to remind everyone that Rolling Plains will continue to hold Sunday services as scheduled during inclement weather, unless Muskingum County is under a Level Three Snow Emergency.

*\*We encourage you to take precaution and use your best judgment when deciding to venture out to church in bad weather. The Lord knows your will and your heart, but also your limitations.*

## **Please welcome our 2022 Lead Team members**

*Zach Robinson, Lead Team Chair*

*Scott Mosebrook, Pastor Parish Relations Chair*

*Misty Lou Smith*

*Kelly Lee*

*Pat Kelly, Finance Chair*

*Gayle Kirkbride*

*Dean Holtzclaw*

*Don Rice, Trustees Chair*

*Amy Frame*

*Jeff Krouskoupf*

*Nominations:*

*Pastor John Alice, Nominations Chair*

*At Large: Van Slack*

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Zanesville, OH 43701  
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**To receive our newsletter by email instead, simply send an email to [newsletter@rollingplainsumc.com](mailto:newsletter@rollingplainsumc.com) with “e-newsletter” and your first and last name in the subject line.**

A graphic for the 'Starting Point Series' with a background of a forest path. The text 'EVERYBODY' is at the top in large, outlined letters. Below it is a banner with 'HAS' and a shield with 'A'. Underneath is 'startingpoint' in lowercase. The main text 'WHAT'S YOURS?' is in large, bold, outlined letters. At the bottom, it says 'startingpointseries.com' and 'A great way to begin 2022!' in a white box.

EVERYBODY  
HAS  
A  
startingpoint  
WHAT'S  
YOURS!  
..... startingpointseries.com .....  
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Are you new to a relationship with Jesus?

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